



COOL CONGREGATIONS

Carbon Footprint Checklist

NUMBER OF PEOPLE IN THE HOUSEHOLD: _____ DATE RANGE: _____

1) UTILITY INFO - Totals for the last 12 months.

Electricity (kWh)*: _____

Heat - You only use one of the following in your home

Natural Gas: _____
(Total "therms" of gas. If "mcf" then, 1 mcf x 10.3 = 1 therm)

Heating Oil (gallons): _____

Propane (gallons): _____

**Didn't save your last 12 months of bills? Call your local utility and ask how to retrieve the information. Here is one example:*

MidAmerican - find your account number on your latest bill and go to www.midamericanenergy.com, establish a user name and password, enter your account number and print off your last 12 months of bills.

2) MILES DRIVEN and MPG* - Estimate for each car for the last 12 months. The average American drives 15,000 miles a year.

CAR #1

Make, Model, Year: _____

Miles Driven: _____

MPG (miles per gallon): _____

Current Odometer Reading: _____

Date of Odometer Reading: _____

CAR #2

Make, Model, Year: _____

Miles Driven: _____

MPG (miles per gallon): _____

Current Odometer Reading: _____

Date of Odometer Reading: _____

CAR #3

Make, Model, Year: _____

Miles Driven: _____

MPG (miles per gallon): _____

Current Odometer Reading: _____

Date of Odometer Reading: _____

CAR #4

Make, Model, Year: _____

Miles Driven: _____

MPG (miles per gallon): _____

Current Odometer Reading: _____

Date of Odometer Reading: _____

** Don't know? Go to www.fueleconomy.gov. In the lower left-hand corner of the page select "MPG estimate from Users," then select your make and model and write down the EPA combined average.*

3) FLIGHT MILES* - Estimate of the miles flown by *each* member of your family for the last 12 months.

Total for all family members: _____

**Don't know? Go to www.webflyer.com/travel/milemarker/ and select cities flown to and from to get miles traveled. Count each flight for each family member separately, even if they flew on the same flight.*

4) GARBAGE – Estimate the amount of garbage your household produces a week. Kitchen bags are 13 gallons, large bags are 33 gallons.

Total gallons per week: _____

Cool Congregations is a Program of:



For more information, go to www.iowaipl.org or contact Sarah Webb at coolcongregations@iowaipl.org.